

Annual Report and Accounts For the year ended 29th February 2020



 $\label{lem:enjoying} \textit{Enjoying our disability fun day - this year at the Rehema Centre for the first time.}$

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Trustees Report For the year ended 29th February 2020



Every Special Unit came to our Disability fun day with individual banners.

Name of the Charity: Friends of Kianjai, Kenya

Registration number: 1143972

Date of Registration: 26th September 2011

Bankers: Lloyds Bank Plc

A/c number: 33171360 Sort code:30-90-49

Principal address: 31 Fore Street

Bradninch Exeter EX5 4NN

Governing Instrument: Friends of Kianjai was formed as an unincorporated association

by the declaration of a trust made on the 31st August 2011

Trustees: Caroline Newton (CN) (Chair)

Jonathan Gichaara (JG) (Vice - Chair) Sally Livsey (SL) (Treasurer)

Elizabeth Gichaara (EG) Gladys Gesage (GG)

All above trustees held office for the whole year under review. They have all been selected based on experience of the region in Kenya, friendships and expertise.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Aim and Purposes

Friends of Kianjai, Kenya (FKK) are a group of Kenyans and Europeans who formed to send resources to Kianjai in the summer of 2011 to enable locals to survive a famine due to drought.

This vibrant community of Kianjai, has leaders of integrity with vision, creativity and energy for change. Their resources are depleted but the social enterprise and dedication is inspiring.

The friendships that were forged during 2011 continue and FKK see it as our role to work with these leaders to provide resources and expertise which will empower them to realise their vision to rebuild their community.

Objectives and Activities

Currently our focus of support is divided into four areas:

- * Famine Relief and Food security. The region of Tigania West remains vulnerable to severe drought and when the population is facing famine we divert money from our other projects to alleviate and support where we can.
- * Educational support . We support orphans and children from humble backgrounds to remain in education either at school or in a vocational place in higher education..

 We are also resourcing these institutions and teachers so they can provide a better quality of education. Increasingly we are also enhancing learning in sustainable and experimental growing of food.
- * Special needs educational support. We resource self-sustaining feeding programs at our special units to minimise malnutrition amongst disabled children in the community. We aim to provide training and support to encourage better inclusion of disabled children into education and their wider local community. Work continues on the development of the Rehema respite centre which acts as a focus for our support.
- * Entrepreneurial support. FKK responds to local enthusiasm and interest. We respond to initiatives within the community to develop income generating projects. These may be by individuals or groups who have come together to share ideas and support each other.

Achievements and Performance

In the ninth year of activities for FKK, we are delighted to report the following achievements against our objectives:

Famine Relief and Food security

This year saw a significant shift in our thinking and strategic development in the area of food security. During the June 2019 visit two of our trustees CN and SL visited two centres of **Permaculture** and under took 3 days training at the Dryland Natural Resource Centre along with Pete Gitonga (PG) and Edward Kaibiria (EK) from Mituntu Polytechnic. Land CN also stayed for 2 nights at Tirigi ("the place of abundance") and together with EG and JG met **Dr Karumbu Ringera** (Dr K) who established Tirigi as a Permaculture centre, a home for HIV mothers and children and an international peace and empowerment training centre- all only 15kms from Mituntu polytechnic.

Much has flowed from this original meeting and God's hand was felt in bringing us all together.

Dr K brings many skills and international experience in community empowerment and offered to engage with our local farmers to have a visioni time and bring people to Tirigi to see what permaculture can do. This indeed came about, with 35 interested locals listening to a presentation fr Dr K at Mituntu poly with subsequent walks on the 200 acre land. Following this meeting EK has identified 5 farmers groups who are represente in the Reparian Land CBO which has been set up by our local MP. Our trustees are very encouraged by these active local collaborations which are focussed on increasing food security in the region.

At the end of this trip CN and SL were able to take some reflective days to consider how all these wonderful threads could be woven together and our strategic conversations developed into a more cohesive picture for the future. As so much positive energy is gathering around the permaculture projects (now in all school farms and soon to be at Mituntu Poly) we wondered if using the poly as a model might ignite and empower locals to develop new and sustainable farming practice extending into the 200acre plot. This regeneration of the area could result in the founding of a local fund to support school fees managed by the community themselves.



Permaculture Design Training at Mituntu

Educational support

Oliver and Learn have been our key partner and funder in the provision of a School sponsorship scheme that supports 200 students through secondary school, 44 students living with HIV AIDS and provides a uniform fund for the poorest families.

This funding stream will be phased out during the next three years and discussions have been held with Peter Gitonga (PG) as to how we might continue to support the community. Following a substantial personal gift to enable us to develop our education strategy and find new ways to empower the locals, the trustees have been encouraged in their vision for an education fund managed and sustained by the local community. Peter Gitonga(PG) has agreed to develop this strategy interwoven with our plans to develop the 200acre land and train local farmers in Permaculture.

During the February 2020 visit the trustees SL and CN visited our sponsored schools to explain the phase out of the sponsorship scheme and review local support mechanisms.

A team from Oliver came out in October and delivered training and sports activities to our schools. They stayed with Dr K at the Tirigi centre and experienced some leadership training there which was well received.

The development of an Alumni group at Mituntu has provided new inspiration for fund raising and support within the region and this has the potential to seed other such groups and enhance local support for education.



Mango Tree Seedlings at the Dryland Natural Resources Centre



In the cool, deep shade where once there was desert conditions

Special needs educational support.

The co-ordination of the 14 **special units feeding program** continues to be ably managed by Nkanata Mwiti who also oversees our extended network of projects in this community.

The Special Unit farms continue to be developed with a mixture of success and setback according to local conditions.

The Teachers remain committed to the project and support each other in a growing network of experience and skills in permaculture farming. Some of the units will meet the target of providing their own unit with food to replace our feeding program.

Physiotherapy Clinics - 5 units are now visited each month by two therapists and teachers who attend and train parents

This year we had a visit from Sarah Hilton -Bailey - a UK Physiotherapsit who undertook a full review of our services giving the trustees and volunteers advice and encouragement. Overall she was very impressed with what was being achieved and plans to return in 2022.

Nutritionalist- visits continue each month at the special units and also at the playgroups

Playgroups for mothers and babies from the disabled community- 8 mother to mother playgroups for disabled children became more established along with a fund to help with transport for poorer families to access these groups

APT Workshop - The team of volunteers meet weekly to manufacture disability aids from paper and cardboard in our workshop at the Rehema Centre.

The **equipment lending library** for disability aids maintained at the Rehema centre is regularly used.

Disability Fund day -For the first time we were at the Rehema Centreand had over 700 participants included **our Director of Education**

who loved to dance with the children!



Rehema Centre Kitchen used for the first time at the Disability Fun Day

The Rehema Centre

During the year much consideration has been given as to how we can make use of the facilities in their current state. The trustees JG,EG, SL & CN paid a visit to a daycare centre for disabled children in Nanyuki in June 2019 and it was agreed that daycare facilities could be provided. This is seen as a first step towards the larger vision and a "testing of the water". In February 2020 a small team were recruited to get the centre ready with plans to be operational within 6 months.





Presentations at the Disability Fun day

Kunene Special Unit -Water Melon Harvest

Entrepreneurial support

Cyprian a local tailor continues to take the Machaku and Kunene special students to his workshop for training. Tailoring workshop and Re-useable Sanitary packs -Rotary project

Work continues in conjunction with Rotary to make this project a reality. The Nkobu rotary club have agreed to take this on and Lincoln Rotary is the UK supporting club.CN & SL visited the Nkubu club in February 2020 and a 7.1 million KES grant from Canada Rotary is under negotiation. The ladies from Kalithiria church remain strongly interested in starting a washable sanitary pad manufacturing workshop with school uniform production as a funding stream. This model will also be used at the Kiini site providing opportunities for young women in both sites to receive training in tailoring and business skills.

The project will also deliver sexual health training into our school networks and a marketing outlet in Meru Town.

Partnerships

Trade Aid Soteni Village of Hope Oliver & Learn

Rotary Clubs Kianjai Methodist Church Circuit

Mulhouse Design Company

John Asher and Trade Aid continue to share experience and support

Soteni have now ceased to operate in the region however Peter Gitonga now works with us directly $% \left(1\right) =\left(1\right) \left(1\right$

This charitable foundation provides ongoing grant funding

and enthusiastic fundraising skills!

In the UK, Kenya and internationally members have been a vital part of our fundraising

 $\label{lem:members support us in many ways in the local community.}$

This company has now ceased however many happy memories remain and the final Christmas Bazaar

was held and raised over £5000



Lush UK

Charlotte Steel and her colleagues understand our vision and we look forward to continue working together as our permaculture projects develop.

We would like to take this opportunity to express our thanks to the above organisations and individuals who have played an important part in making this year such a success . There are countless volunteers in Kenya and the UK whose tireless work and enthusiasm has made all the activities we undertake possible-thankyou!

Financial review

At the end of the period FKK held funds of £58705 of which £11829 were restricted to educational sponsorship projects and £2599 restricted to projects within the special needs community. The Remaining Unrestricted fund includes a substantial personal gift to enable FKK to pursue our strategy to empower locals to be self-sustaining. The trustees are satisfied that funds will continue to be available to match the requirements in the years ahead.

Reserves Policy

The Trustees consider that all money raised is in direct response to a specific project or need. We identify these and aim to find donors in the UK willing to resource them. In the year under review we did not consider it appropriate to hold any reserves that do not fulfil the above requirements. However at the end of the period there were £44277 in free reserves.

Structure, Governance & Management

FKK was formed when Jonathan Gichaara (born in Kianjai), Sally Livsey and Caroline Newton met in early 2011. Following a trip to Kianjai in July 2011 the charitable trust was formed on the 31st August 2011 with the above three as trustees and the charity was registered on the 26th September 2011. The trustees have met regularly this year and undertaken at least two separate visits to Kenya at their own expense.

Together we share a common faith and trust in God to Whom we look with confidence for guidance, grace and yet more abundant love and gifts. The trustees declare that they have approved the trustees report above.

Sally Livsey Sally Livsey, Trustee & Treasurer

Signed on behalf of the trustees on the 21st December 2020



Ladies waiting to dance at the Drylands Centre Annual Celebrations

Independent Examiner's Report to the Trustees of Friends of Kianjai, Kenya For the year ended 29th February 2020

This report on the accounts of Friends of Kianjai Kenya for the period ended 28th February 2019 which are set out on page 8, is in respect of an examination carried out under Section 114 of the Charities Act 2011.

Respective responsibilities of the trustees and examiner

The trustees are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- <> examine the accounts under section 145 of the Charities Act,
- <> to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- <> to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that, in any material respect:

- <> accounting records were not kept in accordance with section 130 of the Charities Act;
- <> the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached

Signed... Chris Southwell

Name: Chris Southwell FCA

Address 44 Fore Street, Bradninch, Exeter EX5 4NN

Date 21st December 2020

Statement of Financial Activities

	For the year ended 29th		20				
	•	Unrestricted				Total	Total
		Funds	Famine	Edu	Special	2020	2019
Incoming Resources			& Health	cation	Needs		5
•		£		£	£	£	£
Regular Giving	Individuals	5509			2064	7573	7271
Voluntary receipts:	Individuals	52068		4850		56918	22897
	Churches & other groups	300			4856	5156	3099
	Oliver & Learn Foundation		1400	10025		11425	27850
	Corporations			3568		3568	3000
Fundraising:	Rotary Clubs		1670	468		2138	3730
	Presentations				1825	1825	0
	Christmas Appeal				395	395	3323
	Christmas Bazaar	5122				5122	
	Other activities	3892				3892	0
	Gift Aid Tax reclaims	17416				17416	5776
	_	0		.0			-66
Resources expended	Total Incoming Resources	84307	3070	18911	9140	115428	76946
Generating Funds:	Total incoming Resources	•					
Fundraisin	~ .	271				274	0
Charitable activitie	•	271				271	U
	Famine relief and health	2504	3070			5574	5008
	Education	14320	3-7-	11138		25458	34169
	Special Needs	22630			23081	45711	31369
	Enterprise	535			3	535	377
Management & Administrat	ion Costs:						
	Office costs (UK)	234				234	824
	Office costs (Kenya)	1560				1560	450
	Trustee meeting costs	366				365	207
	Bank charges	135				135	296
-	Total Resources Expended	42555	3070	11138	23081	79843	72700
Net Incoming/ (Outgoing)Re		T -333	J=7=			73-43	7-7
before transfers		41752	0	7773	(13941)	35585	4246
Transfers between funds		T-13-	-	1113	\-JJ++/	0	0
Net movement in funds	=	41752	0	7773	(13941)	35584	4246
Fund Balances Brought Forv	vard	2525		4056	16540	23121	18875
Fund Balances Carried Forw	_	44277	0	11829	2599	58705	23121
	=	·		·	·	·	

Note 1: All management & administration costs borne by the trustees have been returned to the charity in the form of voluntary donations which generate a reclaim of tax under the Gift Aid scheme.

Balance Sheet	For the year ended 29th February 2020		Total	Total
			2020	2019
			£	£
Curre	nt assets			
Cash a	at bank and in hand (UK)		42595	21221
Reher	na Centre - uncleared disbursements.		3288	1900
Gift A	id Debtor		12822	0
Total	Net assets	£	58705	23121
Fund	Balances Carried Forward			
Unres	tricted funds		44277	2525
Restri	cted Funds :	Educational Sponsorship	11829	4056
		Special Needs projects	2599	16540
Total	Funds	£	58705	23121

Statement of Financial Activities For the year ended 29th February 2020

Notes to the financial statements

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transactional value unless otherwise stated.

The accounts have been prepared in accordance with:

- <> the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- <> the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- <> and the Companies Act 2011.

Friends of Kianjai Kenya meets the definition of a public benefit entity under FRS 102.

1.2 Going Concern

The financial statements have been prepared on a going concern basis.

1.3 Change of accounting policy

The accounts present a true and fair view and there is no change in accounting policy.

1.4 Change to accounting estimates

No changes to accounting estimates have occurred in the accounting period.

1.5 Material prior year errors

No material prior year errors have been identified in the reporting period.

2.1 Accounting policies

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required and decided that this was not applicable.

2.2 Income

Incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the income, it is more likely than not that it will be received by the trustees and the amount can be quantified with reasonable accuracy.

Grants Grants and donations are included when the conditions for receipt are met.

Donated Donated goods are measured at fair value (the amount for which the asset could be exchanged)

Goods unless impractical to do so

Support Friends of Kianjai Kenya has incurred expenditure on support costs.

Costs

Volunteer The value of any voluntary help received is not included in the accounts but is

Help described in the trustees' annual report.

2.3 Expenditure and liabilities

Recognition Expenditure is recognised on an accrual basis when a liability is incurred.

Governance Governance costs include those costs associated with meeting the constitutional and statutory obligations of the charity. They are not shown separately from other support costs

2.4 Assets

Debtors These are measured on initial recognition at settlement amount.

3. Analysis of

Income This is shown on the face of the SOFA

Expenditure This is shown on the face of the SOFA

Support Cost: This is shown on the face of the SOFA

The Independent Examination was provided with no fees charged.

None of the trustees have been paid any remuneration or received any other benefits

Friends of Kianjai Kenya does not currently have any employees