

# Annual Report and Accounts For the year ended 28th February 2019



Nkanata and his motorbike still giving wonderful service!

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# Trustees Report For the year ended 28th February 2019



Colourful pastels are a big attraction at our Disability funday- held at Kunene Primary school this year

Name of the Charity: Friends of Kianjai, Kenya

Registration number: 1143972

Date of Registration: 26th September 2011

Bankers: Lloyds Bank Plc

A/c number: 33171360 Sort code:30-90-49

Principal address: 31 Fore Street

Bradninch Exeter EX5 4NN

Governing Instrument: Friends of Kianjai was formed as an unincorporated association

by the declaration of a trust made on the 31st August 2011

**Trustees:** Caroline Newton (Chair)

Jonathan Gichaara (Vice - Chair) Sally Livsey (Treasurer)

Elizabeth Gichaara Gladys Gesage

All above trustees held office for the whole year under review

They have all been selected based on experience of the region in Kenya, friendships and expertise The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### **Aim and Purposes**

Friends of Kianjai, Kenya (FKK) are a group of Kenyans and Europeans who formed to send resources to Kianjai in the summer of 2011 to enable locals to survive a famine due to drought.

This vibrant community of Kianjai, has leaders of integrity with vision, creativity and energy for change. Their resources are depleted but the social enterprise and dedication is inspiring.

The friendships that were forged during 2011 continue and FKK see it as our role to work with these leaders to provide resources and expertise which will empower them to realise their vision to rebuild their community.

### **Objectives and Activities**

Currently our focus of support is divided into four areas:

- \* **Famine Relief**. The region of Tigania West remains vulnerable to severe drought and when the population is facing famine we divert money from our other projects to alleviate and support where we can.
- \* Educational support. We support orphans and children from humble backgrounds to remain in education either at school or in a vocational place in higher education..

  We are also resourcing these institutions and teachers so they can provide a better quality of education.
- \* Special needs educational support. We resource self-sustaining feeding programs at our special units to minimise malnutrition amongst disabled children in the community. We aim to provide training and support to encourage better inclusion of disabled children into education and their wider local community. Work continues on the development of the Rehema respite centre which acts as a focus for our support.



Visiting a family who benefitted from our chicken startup grants

\* Entrepreneurial support. FKK responds to local enthusiasm and interest. We respond to initiatives within the community to develop income generating projects. These may be by individuals or groups who have come together to share ideas and support each other.

### **Achievements and Performance**

In the eighth year of activities for FKK, we are delighted to report the following achievements against our objectives: **Famine Relief and Food security** 

This year saw the I completion of the phase one **school farms project** which saw waterpans installed at 7 special units and the rains came and all were filled. This project was ably undertaken by Ronald Kamande our water engineer and we recruited Lucy a local small farmer to visit and support the schools and develop the sharing of learning and experience amongst the teachers and students as they work on their small plots.



Lucy joins the team and is presented with a laptop by Ronald

All phase two special units were visited by trustees to ensure preparations were underway for completion of the waterpans at these sites. These small farms will increase self-sufficiency and reduce the need for our feeding program.

Trustees Sally and Caroline also accompanied the teachers on a farm visit to see best practices first hand - the experience was well received and provoked much active learning. Mituntu Polytechnic hosted a Farmers Educational field day with further training from Barefoot Solutions which was attended by all the teachers and our local MP John Mutunga who was able to see the progress at the Polytechnic and understand better our vision for the 200 acre plot.

Funding for the Barefoot consultancy was paid for by LUSH UK which is an exciting development as LUSH has the potential to be a supportive partner as we move forward in our vision for the 200 acre plot. Lush supports permaculture projects such as ours and has a funding approach that suits our needs. That is, to work with local partnerson sustainable projects a step at a time. The use of Mituntu Polytechnic as a demonstration site for innovative ways of farming is part of our vision as we seek to empower local energy on the ground.

#### **Educational support**

**Oliver and Learn** remain our key partner and funder in the provision of a School sponsorship scheme that supports 200 students through secondary school, 44 students living with HIV AIDS and provides a uniform fund for the poorest families. This year a team from Oliver joined us in a 5 day training event held at Kianjai Polytechnic on **Reproductive and Sexual Health and Personal Development**. All the schools in the scheme sent pupils and teachers.

The health training was delivered by a public health expert and midwife Cynthia Folarin who joined the September trip from the UK. Cynthia delivered an excellent program of talks designed to inform and instil confidence in the girls. She also spent a day with special needs teachers and we were able to give out hundreds of re-usable sanitary pad packs (purchased from **Days for Girls** using a grant from Oliver)



Cynthia delivers training and answers questions on all aspects of reproductive health

Days for Girls also enable small scale workshops to manufacture the packs and the trustees are pursuing this. Sally and Caroline visited an established workshop in Nairobi and also potential premises for such a workshop locally. The trustees are now pursuing several avenues for both funding and establishing a local workshop as this could provide work and training opportunities for our school leavers



The girls were highly enthusiastic about the packs which can save a great deal of money as well as enhancing wellbeing and convenience around menstruation

### Special needs educational support.

The co-ordination of the 14 **special units feeding program** continues to be ably managed by Nkanata Mwiti who also oversees our extended network of projects in this community.

**Physiotherapy Clinics** - 5 units are now visited each month by two therapists and teachers who attend and train parents **Nutritionalist**- visits continue each month at the special units and also at the playgroups

Playgroups for mothers and babies from the disabled community- 8 mother to mother playgroups for disabled children became more established along with a fund to help with transport for poorer families to access these groups Community Workshops - FKK continues to support this initiative where parents have a lot to contribute and has resulted in new support groups being formed. Topics include Family planning, budgeting, immunisations and hygiene. The Rehema Respite Centre for children with special needs and their families

A major development in fundraising for this centre has been the establishment of a presence of the Nairobi based group on the Kenyan fundraising website Mchanga. A Harambee was held in Nairobi and Caroline gave a presentation to locals on the vision for the centre. Over £5000 was raised and banked in a special account to fund future Capital works. Our **Farm Manager Victor** has moved onto new horizons and left his role in October. He has been replaced by Lawrence a long- time volunteer at the APT Centre



Caroline thanks Vincent for his hard commitment and skills in the establishment of the farm
The equipment lending library for disability aids maintained at the centre is regularly used.
The Appropriate Paper-based Technology (APT) workshop continues, supported by funding from FKK and local volunteers and professionals who give their time and expertise.

The Disability Fun day this year was attended in large numbers with speakers and art making as well as dancing and food.



Patrick speaks about how is ability has overcome his dis-ability at the Disability Fun Day

### Entrepreneurial support

Cyprian a local tailor now regularly takes the Machaku and Kunene special students to his workshop for training.

Lucy has been trained in table banking with Solidarity Bank and provides advice to parents as she visits the special unit small farms. The ladies from Kalitheria church have expressed a strong interest in starting a washable sanitary pad manufacturing workshop. A meeting was held there in February with 40 participants and Sally and Caroline also visited another highly suitable site near Nithi. Caroline has sourced funding from Rotary for this joint project at two locations and we are delighted to see how many local talents are coming together to provide opportunities for our young people on leaving school.

The trustees are grateful for the relationships with our partners in the following organisations:

Trade Aid John Asher and Trade Aid continue to share experience and support Soteni Village of Hope Peter Gitonga brings experience and inspiration to the co-ordination

of our Educational Sponsorship Scheme.

Oliver & Learn This charitable foundation provides ongoing grant funding

and enthusiastic fundraising skills!

**Rotary Clubs** In the UK, Kenya and internationally members have been a vital part of our fundraising

**Kianjai Methodist Church Circuit** Members support us in many ways in the local community.

Mulhouse Design CompanyThe owners and staff at Mulhouse continue to support us throughout the year.Lush UKCharlotte Steel and her colleagues understand our vision and we look forward to

continue working together as our permaculture projects develop.

We would like to take this opportunity to express our thanks to the above organisations and individuals who have played an important part in making this year such a success. There are countless volunteers in Kenya and the UK whose tireless work and enthusiasm has made all the activities we undertake possible- thankyou!

#### Financial review

At the end of the period FKK held funds of £23121 of which £4056 were restricted to educational sponsorship projects and £16540 restricted to projects within the special needs community. The restricted fund for special needs includes a substantial gift from the Scutchings Family for the Rehema Centre.

The trustees are satisfied that funds will continue to be available to match the requirements in the years ahead.

### **Reserves Policy**

The Trustees consider that all money raised is in direct response to a specific project or need. We identify these and aim to find donors in the UK willing to resource them. In the year under review we did not consider it appropriate to hold any reserves that do not fulfil the above requirements. However at the end of the period there were £2525 in free reserves.

### Structure, Governance & Management

FKK was formed when Jonathan Gichaara (born in Kianjai), Sally Livsey and Caroline Newton met in early 2011. Following a trip to Kianjai in July 2011 the charitable trust was formed on the 31st August 2011 with the above three as trustees and the charity was registered on the 26th September 2011. The trustees have met regularly this year and undertaken at least two separate visits to Kenya at their own expense.

Together we share a common faith and trust in God to Whom we look with confidence for guidance, grace and yet more abundant love and gifts. The trustees declare that they have approved the trustees report above.

Sally Livsey

Signed on behalf of the trustees on the 13th December 2019

Sally Livsey, Trustee & Treasurer

#### Friends Of Kianjai, Kenya Charity No 1143972

# Independent Examiner's Report to the Trustees of Friends of Kianjai, Kenya For the year ended 28th February 2019

This report on the accounts of Friends of Kianjai Kenya for the period ended 28th February 2019 which are set out on page 8, is in respect of an examination carried out under Section 114 of the Charities Act 2011.

#### Respective responsibilities of the trustees and examiner

The trustees are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- <> examine the accounts under section 145 of the Charities Act,
- <> to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- <> to state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act;
- <> the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached

Signed... Chris Southwell

Name: Chris Southwell FCA

Address 44 Fore Street, Bradninch, Exeter EX5 4NN

Date 7th December 2019

### Friends Of Kianjai, Kenya Charity No 1143972

# Statement of Financial Activities For the year ended 28th February 2019

Incoming Resources  & Healtl cation Needs  £ £ £ £  Regular Giving Individuals 5213 2058 7271 49	1 <b>8</b> £ 80					
Incoming Resources  ### A part of the control of th	80					
Regular Giving Individuals 5213 2058 7271 49	80					
William and the second of the						
Voluntary receipts: Individuals 9059 4705 9133 22897 14	479					
Churches & other groups 2599 500 <b>3099</b> 67	12					
Oliver & Learn Foundatior 700 20150 7000 <b>27850</b> 34.	383					
Corporations 3000 3000	0					
•	382					
Africa Day o o 13	00					
Christmas Appeal -inc The Big Give 3323 3323 61	.69					
<del>-</del>	11					
Gift Aid Tax reclaims 5776 5776 46	00					
	016					
Resources expended Total Incoming Resources						
Generating Funds:	_					
	)					
Charitable activities:  Famine relief and health 5008 5008 4	2.4					
,	04					
	109					
	507 82					
Enterprise 377 10	82					
Management & Administration Costs:						
0.00	30					
•	64					
,	25					
	60					
Total Resources Expended 32620 0 25064 15016 72700 80	581					
Net Incoming/ (Outgoing)Resources						
before transfers (6273) 0 (209) 10728 <b>4246</b> 121	35					
Transfers between funds	0					
Net movement in funds (6273) 0 (209) 10728 4246 1246	<del>1</del> 35					
<del> </del>	.40					
Fund Balances Carried Forward 2525 0 4056 16540 23121 188	<sup>3</sup> 75					

**Note 1:** All management & administration costs borne by the trustees have been returned to the charity in the form of voluntary donations which generate a reclaim of tax under the Gift Aid scheme.

Balance S	Sheet For the year ended 28th February 2019	Total 2019	Total 2018
	Current assets	£	£
	Cash at bank and in hand (UK)	21221	13919
	Vision Africa uncleared disbursements.	1900	1850
	HMRC - Gift aid Debtor		3106
	Total Net assets	£ 23121	18875
	Fund Balances Carried Forward		
	Unrestricted funds	2525	8798
	Restricted Funds : Educational Sponsorshi	p <b>4056</b>	4265
	Special Needs projec	ts <b>16540</b>	5812
	Total Funds	£ 23121	18875

# Statement of Financial Activities For the year ended 28th February 2019

#### Notes to the financial statements

#### 1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transactional value unless otherwise stated.

#### The accounts have been prepared in accordance with:

- <> the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- <> the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- <> and the Companies Act 2011.

Friends of Kianjai Kenya meets the definition of a public benefit entity under FRS 102.

### 1.2 Going Concern

The financial statements have been prepared on a going concern basis.

### 1.3 Change of accounting policy

The accounts present a true and fair view and there is no change in accounting policy.

### 1.4 Change to accounting estimates

No changes to accounting estimates have occurred in the accounting period.

#### 1.5 Material prior year errors

No material prior year errors have been identified in the reporting period.

#### 2.1 Accounting policies

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required and decided that this was not applicable.

#### 2.2 Income

Incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the income, it is more likely than not that it will be received by the trustees and the amount can be quantified with reasonable accuracy.

**Grants** Grants and donations are included when the conditions for receipt are met.

The company has received Government grants in the year in relation to tangible fixed assets and these are credited to the income and expenditure account over the useful lives of the related assets.

Donated Donated goods are measured at fair value (the amount for which the asset could be exchanged)

Goods unless impractical to do so

**Support** Friends of Kianjai Kenya has incurred expenditure on support costs.

Costs

Volunteer The value of any voluntary help received is not included in the accounts but is

**Help** described in the trustees' annual report.

### 2.3 Expenditure and liabilities

**Recognition** Expenditure is recognised on an accrual basis when a liability is incurred.

**Governance** Governance costs include those costs associated with meeting the constitutional and statutory obligations of the charity. They are not shown separately from other support costs

#### 2.4 Assets

Debtors These are measured on initial recognition at settlement amount.

# 3. Analysis of

**Income** This is shown on the face of the SOFA

**Expenditure** This is shown on the face of the SOFA

Support Costs This is shown on the face of the SOFA

The Independent Examination was provided with no fees charged.

None of the trustees have been paid any remuneration or received any other benefits

Friends of Kianjai Kenya does not currently have any employees